

Seeds are Sewing

debut album by Alex Etchart

“An uplifting antidote to troubled times in style and in approach”

Seeds are Sewing is Alex Etchart's debut a cappella album featuring songs of joy and justice connecting stories and communities, recorded with over 60 singers from 3 guest choirs in just two days.

The original melodies, arranged for 9 main voices inc. Blythe Pepino (Vaults) and Noga Ritter, foreground queer, de-colonial and environmental love and protection issues via poppy, accessible riffs to uplift groups increasingly threatened by the global authoritarian onslaught on gender, migration and ecological rights.

The easy, catchy melodies and harmony parts will be freely available to use by campaigns, choirs and anyone who sings in the shower! The play on words comes from lyrics in the titular track “I sew into you, you sew into me” about how sharing music and cultivating the land has the power to weave us back together.

The album can tour as a 9-piece, a trio or a solo show with an accompanying ‘Joy & Justice’ vocal workshop, where audiences learn the songs beforehand to join in during the show. Music parts will be freely available to choirs, communities and campaigns who ask, in classical notation and harmony-by-harmony audio files.

From songs of trans solidarity to odes to sunsets and even a cappella salsas, let it be a balm through the winter, with ear worms that get you singing with friends and family and provide a sense of hope.

Alex Etchart (they/them) is a British Uruguayan multi-disciplinary artist using music, theatre, film and education to amplify voices of marginalised communities and campaigns across the UK and internationally.

As a multi-instrumentalist composer drawing on British and South American folk traditions, Alex mixes folk, jazz, classical and electronica into captivating sounds, and unearths invisible stories via performance and through collaborative writing and singing workshops.

Alex co-leads **Nest Collective's Fire Choir** whose members sing on tracks 1, 9 and 10.

Alex's **first music video & 11 minute short film** ‘[Johnny Barnes](#)’ (2023, 5 film festivals to date) is used in secondary schools and teacher training to engage young people around non-binary history via storytelling.

As founder of ‘Vientos’ **bilingual tropical folk rock band**, Alex has been painting a cinematic dance-scape of queer love in London's Latinx diaspora through rich folk ballads, soulful electronica and fiery percussion.

“keeps the folk flame alive by cross-pollinating sounds & communities in ways only Alex can”

Sam Lee

Seeds are Sewing track list

all music written, composed and arranged by Alex Etchart

01. Seeds are Sewing (feat. Fire Choir)
02. Bountiful
03. Pronte (feat. Murga Queer)
04. Lay My Burdens Down
05. Drink It In
06. I Will Make Space (feat. pop-up queer choir)
07. Crazy Lovin’
08. Way Back Home
09. Shine (feat. Fire Choir)
10. People that Hold Me Together (feat. Fire Choir)

Links

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| [1] Spotify/Bandcamp | [2] Alex' instagram |
| [3] Press asset pack | [4] Album trailer |



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